


 Dearborn SY 2021/2022 K-5 Lunch
 Lunch

Dearborn Public School

Mon	Tue	Wed	Thu	Fri
10/4/2021	10/5/2021	10/6/2021	10/7/2021	10/8/2021
Lunch Entrée	Lunch Entrée	Lunch Entrée	Lunch Entrée	
Halal Beefy Corn Tacos Cheesy Bean Tacos	Cheesy Stuffed Breadsticks Cat in the Hat Strawberry Yogurt Parfait	Grande Homemade Cheesy Nachos Tuna Salad Sandwich	Halal Beefy Macaroni Halal Chicken Patty Sandwich	
Vegetables	Vegetables	Vegetables	Vegetables	
Black Beans Fresh Romaine Leaf & Spinach Salad Mix Steamed Corn Tomatoes, Cherry, Raw Fresh Broccoli Florets Fresh Red Salsa Fresh Baby Carrots Green Bell Pepper	Fresh Romaine Leaf & Spinach Salad Mix Seasoned 5 Way Mixed Vegetables Marinara Cup Tomatoes, Cherry, Raw Fresh Broccoli Florets Fresh Baby Carrots Green Bell Pepper	Fresh Red Salsa Fresh Romaine Leaf & Spinach Salad Mix Tomatoes, Cherry, Raw Fresh Broccoli Florets Fresh Baby Carrots Green Bell Pepper Peppered Broccoli Florets	Fresh Romaine Leaf & Spinach Salad Mix Spiced Green Beans Tomatoes, Cherry, Raw Fresh Broccoli Florets Fresh Baby Carrots Green Bell Pepper	
Fruit	Fruit	Fruit	Fruit	
Fresh Pear Unsweetened Applesauce	Fresh Apple Sweet Mixed Fruit	Fresh Orange Slices Sliced Pears	Fresh Apple Sliced Peaches	
Milk	Milk	Milk	Milk	
1% Low Fat White Milk Fat Free Chocolate Milk	1% Low Fat White Milk Fat Free Chocolate Milk	1% Low Fat White Milk Fat Free Chocolate Milk	1% Low Fat White Milk Fat Free Chocolate Milk	
			Misc.	
			Creamy Ranch Dressing Dressing, Italian Light, Ken's	



Mon	Tue	Wed	Thu	Fri
10/11/2021	10/12/2021	10/13/2021	10/14/2021	10/15/2021
Lunch Entrée Vegetarian Pasta Alfredo Halal Crispy Popcorn Chicken	Lunch Entrée Halal Chicken Tenders Sunbutter & Jelly Sandwich w/ String Cheese	Lunch Entrée Mini Cheese Quesadilla Ants on a Log Power Pack	Lunch Entrée Delicious Cheese Pizza Loaded Vegetable Sub	Lunch Entrée Classic Mac & Cheese Halal Beef Hotdog
Vegetables Fresh Romaine Leaf & Spinach Salad Mix Seasoned Green Peas Tomatoes, Cherry, Raw Fresh Broccoli Florets Fresh Baby Carrots Fresh Celery Sticks	Vegetables Fresh Romaine Leaf & Spinach Salad Mix Peppered Broccoli Florets Tomatoes, Cherry, Raw Fresh Broccoli Florets Fresh Baby Carrots Fresh Celery Sticks	Vegetables Fresh Red Salsa Fresh Romaine Leaf & Spinach Salad Mix Tomatoes, Cherry, Raw Fresh Broccoli Florets Fresh Baby Carrots Fresh Celery Sticks Steamed Crinkle Carrots	Vegetables Fresh Romaine Leaf & Spinach Salad Mix Fresh Zucchini & Yellow Squash Tomatoes, Cherry, Raw Fresh Broccoli Florets Fresh Baby Carrots Fresh Celery Sticks	Vegetables Fresh Romaine Leaf & Spinach Salad Mix Peppered Broccoli Florets Tomatoes, Cherry, Raw Fresh Broccoli Florets Fresh Baby Carrots Fresh Celery Sticks
Fruit Fresh Orange Slices Unsweetened Applesauce	Fruit Fresh Apple Sliced Peaches	Fruit Fresh Pear Unsweetened Applesauce	Fruit Fresh Apple Sliced Pears	Fruit Fresh Pear Sweet Mixed Fruit
Milk 1% Low Fat White Milk Fat Free Chocolate Milk	Milk 1% Low Fat White Milk Fat Free Chocolate Milk	Milk 1% Low Fat White Milk Fat Free Chocolate Milk	Milk 1% Low Fat White Milk Fat Free Chocolate Milk	Milk 1% Low Fat White Milk Fat Free Chocolate Milk
	Misc. Ketchup Packet Creamy Ranch Dressing	Legumes and Legume Products Black-eyed Peas	Misc. Creamy Ranch Dressing	Misc. Ketchup Packet Mustard Packet Dressing, Italian Light, Ken's



Mon	Tue	Wed	Thu	Fri
10/18/2021	10/19/2021	10/20/2021	10/21/2021	10/22/2021
Breakfast Entrée Sun Butter & Grape Jelly Sandwich	Lunch Entrée Scrambled Eggs w/Pancakes Fruit & Yogurt Plate w/Graham Crackers	Lunch Entrée Halal Popcorn Chicken w/Roll Southwest Veggie Wrap	Lunch Entrée Spaghetti with Halal Italian Style Beef & Pomodoro Sauce Hummus & Pita	Lunch Entrée Baja Fish Tacos Cheese Quesadilla
Lunch Entrée Grande Cheesy Nachos	Vegetables Fresh Romaine Leaf & Spinach Salad Mix Hash Brown Sticks Sliced Carrots Tomatoes, Cherry, Raw Fresh Broccoli Florets Fresh Baby Carrots Chilled Corn	Vegetables Fresh Romaine Leaf & Spinach Salad Mix Steamed Crinkle Carrots Tomatoes, Cherry, Raw Fresh Broccoli Florets Fresh Baby Carrots Chilled Corn	Vegetables Fresh Romaine Leaf & Spinach Salad Mix Spiced Green Beans Tomatoes, Cherry, Raw Fresh Broccoli Florets Fresh Baby Carrots Chilled Corn	Vegetables Fresh Romaine Leaf & Spinach Salad Mix Steamed Corn Fresh Red Salsa Tomatoes, Cherry, Raw Fresh Broccoli Florets Fresh Baby Carrots Chilled Corn Fresh Salsa
Vegetables Fresh Romaine Leaf & Spinach Salad Mix Fresh Broccoli Florets Seasoned Peas & Carrots Fresh Baby Carrots Tomatoes, Cherry, Raw Black Beans	Fruit Fresh Orange Slices Unsweetened Applesauce	Fruit Fresh Orange Slices Sliced Peaches	Fruit Fresh Apple Unsweetened Applesauce	Fruit Fresh Pear Sliced Pears
Fruit Fresh Orange Slices Unsweetened Applesauce	Milk 1% Low Fat White Milk Fat Free Chocolate Milk	Milk 1% Low Fat White Milk Fat Free Chocolate Milk	Milk 1% Low Fat White Milk Fat Free Chocolate Milk	Milk 1% Low Fat White Milk Fat Free Chocolate Milk
Milk 1% Low Fat White Milk Fat Free Chocolate Milk	Misc. Ketchup Packet	Misc. Ketchup Packet Creamy Ranch Dressing	Misc. Creamy Ranch Dressing Dressing, Italian Light, Ken's	Misc. Creamy Ranch Dressing Dressing, Italian Light, Ken's
				Condiments Tartar Sauce



Mon	Tue	Wed	Thu	Fri
10/25/2021	10/26/2021	10/27/2021	10/28/2021	10/29/2021
Lunch Entrée Halal Crispy Chicken Wrap Grilled Cheese Sandwich Vegetables Fresh Romaine Leaf & Spinach Salad Mix Seasoned 5 Way Mixed Vegetables Tomatoes, Cherry, Raw Fresh Broccoli Florets Fresh Baby Carrots Fresh-Cut Cucumber Slices Fruit Fresh Orange Slices Unsweetened Applesauce Milk 1% Low Fat White Milk Fat Free Chocolate Milk Misc. Creamy Ranch Dressing Dressing, Italian Light, Ken's	Lunch Entrée Halal Chicken Parmesan w/Spaghetti Fiesta Rice Bowl Vegetables Fresh Romaine Leaf & Spinach Salad Mix Steamed Corn Fresh Celery Sticks Tomatoes, Cherry, Raw Fresh Broccoli Florets Fresh Baby Carrots Fresh-Cut Cucumber Slices Fruit Fresh Apple Sliced Peaches Milk 1% Low Fat White Milk Fat Free Chocolate Milk	Lunch Entrée Halal Cheeseburger Pita & Veggie Hummus Power Pack Meat/Meat Alternate Baked Falafel Vegetables Fresh Romaine Leaf & Spinach Salad Mix Roasted Chickpeas Tomatoes, Cherry, Raw Fresh Broccoli Florets Fresh Baby Carrots Fresh-Cut Cucumber Slices Fruit Fresh Pear Sweet Mixed Fruit Milk 1% Low Fat White Milk Fat Free Chocolate Milk Misc. Creamy Ranch Dressing Ketchup Packet Mustard Packet	Lunch Entrée Delicious Cheese Pizza Loaded Vegetable Sub Vegetables Fresh Romaine Leaf & Spinach Salad Mix Fresh Tomato Wedges Spiced Green Beans Tomatoes, Cherry, Raw Fresh Broccoli Florets Fresh Baby Carrots Fresh-Cut Cucumber Slices Fruit Fresh Apple Diced Pears Milk 1% Low Fat White Milk Fat Free Chocolate Milk Misc. Creamy Ranch Dressing	Breakfast Entrée Halloween Parfait w/ Graham Crackers Lunch Entrée Halal Beef Hotdog Vegetables Fresh Romaine Leaf & Spinach Salad Mix Peppered Broccoli Florets Tomatoes, Cherry, Raw Fresh Broccoli Florets Fresh Baby Carrots Fresh-Cut Cucumber Slices Fruit Fresh Pear Sweet Mixed Fruit Milk 1% Low Fat White Milk Fat Free Chocolate Milk Misc. Ketchup Packet Creamy Ranch Dressing

FILTERS	
Name(s)	Value(s)
Date Range	(Start = 10/3/2021, End = 10/30/2021)
Menu Plan	(Dearborn SY 2021/2022 K-5 Lunch)